






# SHOULD YOU WEAR A CLOTH FACE COVERING?

- Recent studies show that people can transmit the virus to others before showing symptoms
- The CDC recommends wearing cloth face coverings in public settings where other social distancing measures are difficult to maintain
- Cloth face coverings fashioned from household items or made at home from common materials at low cost can be used as an additional, voluntary public health measure.

#### Helpful Phone Numbers:

- Flathead City-County Health Department: **406-751-8110**
- KRH 24-Hour Line: **406-890-7272**

#### For more information, follow us:

-  [flatheadhealth.org](http://flatheadhealth.org)
-  @flatheadhealth
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## FREQUENTLY ASKED QUESTIONS

### Why do you need a cloth face covering?

The CDC recommends that people wear a cloth face covering to cover their nose and mouth in the community setting to protect people around you if you are infected but do not have symptoms

### When do you need to wear a cloth face covering?

A cloth face covering should be worn whenever people are in a community setting, especially in situations where social distancing may be difficult to maintain.

### What type of cloth face covering should be worn?

Cloth face coverings can be made from household items or made at home from common materials at low cost.

### Why is the CDC recommending cloth face coverings instead of medical grade facemasks?

Surgical masks and N95 respirators are in short supply and should be reserved for healthcare workers or other medical first responders.

### How should cloth face coverings be cleaned? How often?

Cloth facemasks can be washed in a washing machine, and should be routinely washed depending on the frequency of use.