

## WELCOME TO FLATHEAD COUNTY




### Information for Travelers:

- For the most up-to-date information about cases of COVID-19 in Flathead County, visit our website at [flatheadhealth.org](https://flatheadhealth.org)
- Montana is currently in Phase 2 of Reopening. For more information visit <https://covid19.mt.gov/>
- On 7/15/2020 Governor Bullock issued a Masking Directive requiring all people to wear masks in indoor public spaces and outdoors when social distancing cannot be maintained. For more information, visit <https://covid19.mt.gov/Masks-and-Face-Coverings>


#### Helpful Phone Numbers:


- Flathead City-County Health Department: **406-751-8110**
- KRH 24-Hour Line: **406-890-7272**


#### For more information, follow us:


-  [flatheadhealth.org](https://flatheadhealth.org)
-  [@flatheadhealth](https://www.instagram.com/flatheadhealth)
-  [@flatheadhealthdepartment](https://www.facebook.com/flatheadhealthdepartment)

## WHAT TO DO IF YOU HAVE

- No Symptoms:**
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- Practice social distancing by keeping a 6-foot distance from others and avoid large groups.
  - Wear a face mask in public.
  - Wash your hands regularly with soap and water.

- Mild Symptoms:**
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- **Stay at home.** Rest, drink fluids, treat with OTC medications.
  - Call the Kalispell Regional Healthcare 24-Hour Phone Line at **406-890-7272** for further instruction.

- Moderate Symptoms:**
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- **Stay at home.** Rest, drink fluids, treat with OTC medications.
  - Call the KRH 24-Hour Phone Line at **406-890-7272** or call your Healthcare Provider for further instruction.

- Severe Symptoms:**
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- Go to the emergency room.
  - If you are calling 911, let dispatch know that you are experiencing respiratory symptoms.