WHO’S ELIGIBLE FOR VOUCHERS?

Participants currently receiving WIC benefits except infants under 9 mo of age during season
CRITERIA FOR ELIGIBILITY

• Have to have a current and active certification (receiving WIC benefits)

WHO IS ELIGIBLE:

• CHILDREN 1-5 years old
• INFANTS born October 1, 2019 or before
• PREGNANT WOMEN
• POST PARTUM WOMEN
  • Breastfeeding (fully, substantially, partially)
  • Non-Breastfeeding
HOW MANY VOUCHERS CAN A FAMILY RECEIVE?

$30 per eligible person
EXAMPLE:

1 PREGNANT + 2 CHILDREN + 9 MO. OLD

$30 + $30 + $30 + $30 + $30 + $30 + $30 + $30 + $30 = $120 FOR THIS FAMILY
2020 FARMERS MARKET VOUCHERS

TIPS + REMINDERS

• No replacement vouchers can be re-issued
• No signature required on voucher – this is a new change
• Not required to present ID
• Last date to use voucher is September 30, 2020
• More than one voucher can be used in one shopping visit.
• No change can be given if the full $5 amount is not used.
• Any amount over $5 can be used with another voucher or be paid out-of-pocket.
• No IOU’s, rain checks and refunds can be used
• Buy only WIC approved fruits and vegetables
Tell the Farmer you are using WIC vouchers if ordering fruits/veg. on-line.

Visit wic.mt.gov and select 2020 Farm Direct List of Farmers for a list of farmers in other counties who accept the farmer market coupons.

Each voucher shows first and last dates to use

Each voucher equals $5 cash, *remember: no change can be given or accepted
WHERE CAN YOU USE VOUCHERS AT?
2020 FARMERS MARKET LOCATIONS

MONDAY

❑ Bigfork Village Market – 191 Mill Street, Bigfork – 5:00-7:30 PM (June-Sept)

TUESDAY

❑ Whitefish Market – Depot Park (by library and train station, Whitefish – 5:00-7:30 PM (June-Sept)

WEDNESDAY

❑ Bigfork Farmers Market – Bigfork Liquor Barn, Bigfork, 22 Swan Way, Bigfork – 3:00-7:00 PM (June-Sept), 3:00-6:00 PM (Sept-Oct)

THURSDAY

❑ Columbia Falls Market (The Coop) – 830 1st Ave W, Columbia Falls – 5:00-7:30 PM (May-Sept)

SATURDAY

❑ Flathead Valley Community College – parking lot, Kalispell, 9:00-12:30 PM (May-Oct)
HOW DO YOU KNOW WHICH FARMERS ACCEPT WIC VOUCHERS?
Any WIC authorized farmer in the state of Montana with this sign can accept your vouchers!
WHAT CAN MY VOUCHERS BE USED FOR?

FRUITS AND VEGETABLES ONLY
2020 APPROVED FRUITS AND VEGETABLES

*No changes in approved foods from the 2019 season

APPROVED FRUITS & VEGETABLES

NON-APPROVED ITEMS

6/29/2020
### 2020 FRUITS & VEGETABLES IN SEASON

<table>
<thead>
<tr>
<th>WINTER</th>
<th>SPRING</th>
<th>SUMMER</th>
<th>FALL</th>
</tr>
</thead>
<tbody>
<tr>
<td>December — April</td>
<td>May — June</td>
<td>July — August</td>
<td>September — November</td>
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<tr>
<td>Barley</td>
<td>Barley</td>
<td><em>Avocado</em></td>
<td><em>Mushrooms</em></td>
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<tr>
<td>Beef</td>
<td><em>Broccoli</em></td>
<td><em>Butter</em></td>
<td><em>Mustard Greens</em></td>
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<td><em>Brussels</em></td>
<td><em>Calabrese</em></td>
<td><em>Carrots</em></td>
<td><em>Onions</em></td>
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<tr>
<td><em>Buns</em></td>
<td><em>Cheddar</em></td>
<td><em>Celery</em></td>
<td><em>Pasta</em></td>
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<tr>
<td>Cheese</td>
<td><em>Chili</em></td>
<td><em>Chips</em></td>
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<tr>
<td>Chicken</td>
<td><em>Cilantro</em></td>
<td><em>Coconut</em></td>
<td><em>Peppers</em></td>
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<tr>
<td>Eggs</td>
<td><em>Collard greens</em></td>
<td><em>Courgettes</em></td>
<td><em>Pinto beans</em></td>
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<tr>
<td><em>Garlic</em></td>
<td><em>Corn</em></td>
<td><em>Cucumbers</em></td>
<td><em>Rice</em></td>
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<td>Lentils</td>
<td><em>Lettuce</em></td>
<td><em>Eggs</em></td>
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### Notes
- Lots of foods in Summer in Fall
- Visit market as soon as opens, not close to ending/closing
- No luck first visit? Try again!
Receive a dollar-for-dollar match to spend on fruits and veggies at the Columbia Falls, Kalispell and Whitefish Farmers Markets – ask about maximum match amount.
QUESTIONS? CALL: 406-751-8170
THANK YOU AND ENJOY!

HAVE A GREAT SUMMER!